Engihlela ukukutshala kulelo nalelo sonto

		Umhlaka																	
		Isonto	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
UKUDLA OKUNIKA AMANDLA (Go Foods - starch)	ummbila, amazambane, ubhatata,uphutu	isitshalo																	
		isitshalo																	
		isitshalo																	
		isitshalo																	
UKUDLA OKUKHULISA IZICUBHU (Grow Foods - okunama - protein)	Ubhontshisi, uphizi, amankinate, izindlubu, imbumba…	isitshalo																	
		isitshalo																	
		isitshalo																	
		isitshalo																	
UKUDLA OKUVIKELA EZIFENI (Glow Foods - njengamaveji nezithelo)	**Noma iluphi uhlobo lwezithelo inoma iluphi uhlobo lwamaveji**	isitshalo	Ikharothi; Cape Market			Ikharothi; Cape Market			Ikharothi; Cape Market			Ikharothi; Cape Market			Ikharothi; Cape Market			Ikharothi; Cape Market	
		isitshalo																	
		isitshalo																	
		isitshalo																	
	Ukhabishi, uGreen beans, ulethisi, ubeetrooti,	isitshalo																	
		isitshalo																	
		isitshalo																	
		isitshalo																	